



Australia • April/May 2010

CHULUAQUI QUODOUSHKA

A Shamanic Approach to Spiritual Sexuality

A transformative series of shamanic teachings, guided exercises
and ceremonial experiences.

Imagine that sex is natural, sacred and beautiful.

Experience how the gift of your sexuality is your most powerful resource for full self expression, health, hope, happiness, harmony and humour.

At Gunnebah, a beautiful retreat center, in the Tweed Valley, NSW. Stay on site or nearby.

Quodoushka 1: April 29 — May 2 for singles and couples

Q1 explores how your sexual energy is life. Gain a deeper understanding of your sexual energy through the shamanic wisdom of an ancient matriarchal medicine society. You will discover the energy laws that govern all experiences. Q1 creates more self-love, self-appreciation and self-acceptance of the power and beauty of your sexual catalyst energy. You are invited to: awaken to the beauty of your natural self and enjoy the expression of your sexuality; let go of living in the past and enjoy the power of now; transform your relationship to pleasure

Quodoushka 2: May 6 — 9 for singles and couples. Q1 is a prerequisite.

Q2 explores the instinctual differences between the masculine and feminine. Appreciate and enjoy each other from a new place of being. This is your introduction to how you gain through unconditional giving. You are invited to: discover how to transform co-dependent relating into co-empowering relationship; increase your ability to feel and receive pleasure and give as a lover; enhance communication in relationships; create healthy agreements with yourself and others; bring more intimacy into your relationships; explore your spiritual sexual edges – satisfying your soul's desire to live fully

YOUR FACILITATORS

JOHN Thunder Wolf: began his shamanic training in the Sweet Medicine Sundance Path in 1985. He leads the Black Lightning Lodge in Canada. John embodies the strength, confidence and gentleness of the masculine. He brings the experience of his rich and varied life as a professional classical musician, teacher, psychotherapist, father and husband. As a Quodoushka facilitator he is a wonderful guide through the maze of human sexuality. He brings humor and care in helping others to find their naturalness within their sexuality. John also leads powerful inspiring programs for men. He has a vision of men returning to balance and finding their strength, power and beauty through ceremony and the community of the masculine. He also brings the shamanic healing ways of the Sweet Medicine Sundance Path. www.icss.org/faculty_john.html



MUKEE OKAN Breezes Love: aka Your Orgasm's Best Friend. Originally from Australia, Mukee is a Quodoushka spiritual sexuality teacher and guide in the Twisted Hairs tradition. Her foundation is in the essence of Tantra, since initiation in 1984. Mukee is also a surrogate partner therapist in the western medical model since 1995. She facilitates sexuality programs internationally. She loves to share how your life-force energy fuels your full self expression of your energy, creativity and abundance. Her presence inspires you to open to your natural erotic intelligence and surrender to your infinite orgasmic nature and capacity for pleasure. She is also the founder of Wisdom Women and a tantra artist. www.spiritfireproductions.com



KRISTIN Golden Ring Snake: Originally from Norway, Kristin inspires full orgasmic expression through recapitulated shamanic dearmoring of the body. As an international authority she leads dearmoring intensives in the USA, Canada, Norway and Australia. Kristin embodies a deep integration of sexuality teachings through the power of the physical and ceremonial experiences. *She inspires the cultivating of feminine beauty, developing womb power and sensitivity to your catlike nature as a woman.* www.shamanicdearmoring.com



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